

GRAMMAR: Adverbs of Frequency



Sara's Daily Routines

- Sara always gets up at 6:30am.
- She usually has breakfast at 7:00am.
- After school, she often does her homework.
- She sometimes has breakfast before going to school.
- Sometimes she doesn't have breakfast.
- She rarely uses her smart phone on schooldays.
- Sara never goes to bed after midnight.

GRAMMAR: Adverbs of Frequency

Sara always gets up at 6:30am.

Subject + Adverb of Frequency + Verb

always

usually

often

sometimes

rarely/hardly ever

never

100 %

80%

70%

50%

10%

0%



GRAMMAR: Adverbs of Frequency

be + Adverb of Frequency

- Sara is always busy during schooldays.
- She is never late for school.

She is never late for school.

Subject + be + Adverb of Frequency



GRAMMAR: Adverbs of Frequency

Practice: Complete with the correct frequency adverb.

1. I _____ (0%) go late to school.
2. Salma _____ (100%) gets up at 6:00am.
3. Amine _____ (70%) goes to bed after midnight.
4. _____ (50%) Bob does his homework with his dad.
5. Do you _____ (80%) watch TV on schooldays?
6. We _____ (10%) have dinner after 9:00pm.

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Practice

1. I never go late to school.
2. Salma always gets up at 6:00am.
3. Amine often goes to bed after midnight.
4. Sometimes Bob does his homework with his dad.
5. Do you usually watch TV on schooldays?
6. We rarely have dinner after 9:00pm.